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VEGAN 100: OVER 100 INCREDIBLE RECIPES FROM AVANT-GARDE VEGAN (HARDBACK)



Quadrille Publishing Ltd, United Kingdom, 2018. Hardback. Condition: New. Language: English . Brand New Book. Tempted to try your hand at vegan food but don t know where to start? Or even just to make meat-free Monday a regular thing? Long gone are the days of vegan food being dull and worthy: Vegan 100 is bold, vibrant and gorgeous. Going vegan was the best decision Gaz Oakley ever made. Gaz, aka Avant-Garde Vegan, was once a meat eater and often...

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- Authored by Gaz Oakley
- Released at 2018



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Reviews

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