

## Diet Plan: Happy Fantasy Emoticons Healthy Journal for Diet Weight Loss Planning: Size 6x9 (Paperback)



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### ***Reviews***

*Merely no terms to spell out. We have read through and i also am confident that i will gonna read yet again again in the future. You will not sense monotony at anytime of your own time (that's what catalogs are for about should you question me).  
(Pasquale Larkin I)*

## DIET PLAN: HAPPY FANTASY EMOTICONS HEALTHY JOURNAL FOR DIET WEIGHT LOSS PLANNING: SIZE 6X9 (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. **DIET AND EXERCISE JOURNAL DIET AND WEIGHT LOSS PLANNER** This Diet Journal is the best solution for you to organize and plan daily diet food. The personal pocket-size 6 x 9 inches is portable and easy to carry. Space to fill in total 90 Days Challenge SPECIALS - BMI: BMI Checking Chart Inside - Compare your weight (before after 90 Days) - Write down; plan your 90 Day Goals - Water Drinking Tracker - Fitness Tracker SPECIFICATIONS - Type: Diet Journal and Food Diary - Cover: Matte Paperback - Dimensions: 6 x 9 inches - Pages: 104 pages **STOP DREAMING, START DOING!** We create design the simply perfect Diet and Fitness journal with the pocket size that can make your life in everyday easier. Please follow us for more design in diet food plan, weight loss cookbook, wellness journal.



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