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# CHANGE ANYTHING: THE NEW SCIENCE OF PERSONAL SUCCESS



Business Plus. Paperback. Condition: New. 288 pages. Dimensions: 8.2in. x 5.5in. x 0.8in. A stunning new approach to how individuals can not only change their lives for the better in the workplace, but also their lives away from the office, including (but not limited to) finding ways to improve ones working relationship with others, ones overall health, outlook on life, and so on. For example, why is it that 95 of all diet attempts fail Why do New Years Resolutions last...

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- Authored by Kerry Patterson
- Released at -



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