

Feminist Fight Club: An Office Survival Manual for a Sexist Workplace



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Reviews

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(Maddison Becker)*

FEMINIST FIGHT CLUB: AN OFFICE SURVIVAL MANUAL FOR A SEXIST WORKPLACE

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Harperwave, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Part manual, part manifesto, a humorous yet incisive guide to navigating subtle sexism at work--a pocketbook Lean In for the BuzzFeed generation that provides real-life career advice and humorous reinforcement for a new generation of professional women. It was a fight club--but without the fighting and without the men. Every month, the women would huddle in a friend's apartment to share sexist job frustrations and trade tips for how best to tackle them. Once upon a time, you might have called them a consciousness-raising group. But the problems of today's working world are more subtle, less pronounced, harder to identify--and harder to prove--than those of their foremothers. These women weren't just there to vent. They needed battle tactics. And so the fight club was born. Hard-hitting and entertaining, Feminist Fight Club blends personal stories with research, statistics, and no-bullsh*t expert advice. Bennett offers a new vocabulary for the sexist workplace archetypes women encounter everyday--such as the Maninterrupter who talks over female colleagues in meetings or the Himitator who appropriates their ideas--and provides practical hacks for navigating other gender landmines in today's working world. With Feminist Mad Libs, a Negotiation Cheat Sheet, and fascinating historical research, Feminist Fight Club tackles both the external (sexist) and internal (self-sabotaging) behaviors that plague women in the workplace--as well as the system that perpetuates them.



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