



Mottainai: A Journey in Search of the Zero Waste Life

By Fnr Foundation

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 108 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. Mottainai feels like sacrifice at first. Then it feels like the only way to live. Mottainai means waste. Popular with the Japanese for generations, mottainai (pronounced moe-tie-nye) is the Buddhist term for essence. One can say mottainai and mean waste nothing. Or, if something appears wasteful, one might remark, mottainai. A kind of modern day fairy tale, MOTTAINAI: A JOURNEY IN SEARCH OF THE ZERO WASTE LIFE is the story of a young man who has everything and feels nothing but frustration. Until he meets a stranger and learns about a program to teach us how little we really need and why living differently is important for each of us, and for the planet. A typical American Millennial, Greer Grassi stumbles on a grassroots movement to change the world. More interested in material accumulation and boosting his bank account, he puts his lifestyle of comfort on hold once he meets a charming activist. To woo the girl, he takes a job at her nonprofit organization and embarks on the wacky but required training program in rural Japan. There, he lives off...



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