



The Native American Cookbook Recipes from Native American Tribes (Hardback)

By G W Mullins

Light Of The Moon Publishing, 2017. Hardback. Condition: New. C L Hause (illustrator). Language: English . Brand New Book ***** Print on Demand *****. Light Of The Moon Publishing along with Author G.W. Mullins and Illustrator / Artist C.L. Hause have joined together to explore Native American Indian Cooking. More than just a cookbook, this Native American recipe collection offers a look into a forgotten past. The Native American Cookbook Recipes From Native American Tribes, offers a large collection of recipes from and inspired by Native Americans. More than just a cookbook, it is a trip into history. The book seems like a personal journey for Mullins back his heritage as a Cherokee. This book offers time-proven favorites, inventive new ideas and contemporary twists on Native cuisine. Native American delicacies have shaped American culture as a whole. Today s society owes much of what it has learned about food and the natural American resources to the early Native Americans. Included in this book are many recipes that cover a wide range of Native American cooking. Some recipes are tradition while others have been redeveloped over the years to include new ways of cooking and include new spices and ingredients. The...



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