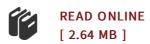




Yoga for Cats (Hardback)

By Christienne Wadsworth

UNIVERSE PUBLISHING, United States, 2016. Hardback. Condition: New. Lynn Chang Franklin (illustrator). Language: English . Brand New Book. Meowohm . . . In the tradition of Why Cats Paint, this hilarious faux how-to manual demonstrates the benefits of a daily yoga practice for felines. Cats will say goodbye to swinging belly skin and hello to lithe new kitten-like selves with such asanas (or poses) as: - Cinnashta, or The Cinnamon Bun - Hookamundra, or The Fish Hook - Tigerashtadmudra, or The Running Tiger - Isfallingdownudra, or London Bridge -Onthebeachunda, or The Seal With guidance on which poses best stimulate the tail chakra, when to practice (3 A.M. is good, or whenever your owner is sleeping), and where to practice (the best places are the ones where you re not allowed), the book also includes tips on how to use household accessories to aid your practice (Silk Pillows and How to Shred Them). With irresistible stick-figure drawings, Yoga for Cats is a divinely funny book that all cat lovers will adore.



Reviews

I just began looking over this pdf. It is one of the most amazing pdf i have study. I discovered this book from my dad and i recommended this pdf to understand.

-- Merritt Kilback II

Good e book and useful one. I have got read and that i am confident that i will likely to go through once more again later on. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Angela Blick